



SECOND LEADERSHIP CAMP PROGRAM
Benidorm, Spain

DAY 1 Sunday October 22nd		
9:30AM to 12:30PM Gymnasium	1. Objectives of the 2 nd Leadership Camp Presentation of the teaching team and participants (30 min.)	Master Trần Triều Quân
	2. Learning & teaching ITF patterns (stances, method for movements' execution, sine wave, base of the ITF technique), steps and effective sparring (2h30)	Master Pablo Trajtenberg
12:30PM to 3:30PM	Lunch break	
3:30PM to 6:30PM Classroom	1. Instructors and the perspective of successful full-time career Philosophy for development of ITF-TKD around the world (45 min.)	Master Trần Triều Quân
	2. How should be the presentation of ITF-TKD by instructors? Their presentation and the benefits of practising ITF-TKD Relation between aggression and practice of Taekwon-Do The primary function of an ITF instructor and his image (1h15)	Master Pablo Trajtenberg
	3. Define the product, clientele and competition (business plan) (1h)	Master Trần Triều Quân

Note: Teaching Assistants are Master Clint Norman and Mr. Kurt Ottesen

DAY 2
Monday October 23rd

9:30AM to 12:30PM Gymnasium	1. Proposals of innovative services: - Training class of stretching and meditation for adults (45 min.) - Training class of self defence – special plan for women (1h30)	Master Trần Triều Quân
	2. Teaching ITF-TKD to children (1h15) Huge potential market! Adapted program, objectives and approaches for interventions with children from 6 to 12 years-old	Master Trần Triều Quân
12:30PM to 3:30PM	Lunch break	
3:30PM to 6:30PM Classroom	1. Development of leadership skills and Four main functions of basic management (1h)	Master Trần Triều Quân Master Pablo Trajtenberg
	2. Micro development - your local organization/club (1h) How to set up and how to grow?	Master Pablo Trajtenberg
	3. Management of good incomes (1h) The examinations fees and their distribution How you can generate new business (tournaments, seminars, equipments)	Master Trần Triều Quân Master Pablo Trajtenberg

Note: Teaching Assistants are Master Clint Norman and Mr. Kurt Ottesen



DAY 3
Tuesday October 24th

9:30AM to 12:30PM Gymnasium	1. Tournament & umpire rules with practical workshop (1h15)	Mr. Kurt Ottesen
	2. Free sparring system Theory and some practical techniques (1h45)	Master Trần Triều Quân Master Clint Norman
12:30PM to 3:30PM	Lunch break	
3:30PM to 6:30PM Classroom	1. ITF structures, operations, rules and services (45 min.)	Master Trần Triều Quân
	2. How to run a national organization (1h)	Mr. Tadeusz Loboda
	3. Initiate personal development projects for the next 12 months (30 min.)	Master Trần Triều Quân Master Pablo Trajtenberg
	4. Exchange feedbacks with participants Conclusion of the camp and evaluation (45 min.)	Master Trần Triều Quân Master Pablo Trajtenberg

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